

AIS-R is a Nut-Aware School

We will strive to create a safe environment for those students who are allergic to nuts.

An IHP (Individual Healthcare Plan) will be developed for each student diagnosed with a nut allergy. This will be done in conjunction with the parents/guardians and their family doctor.

Parents/guardians must understand that the school cannot take primary responsibility for managing a student's food allergy. Guidelines are designed and intended to assist students in following the practices they and their parents feel appropriate. The school will try in good faith to implement these guidelines but cannot guarantee they will be followed in every circumstance.

What is Anaphylaxis?

This term refers to a number of reactions within the body, including hives, itching, swelling, watery eyes, runny nose, vomiting, diarrhea, stomach cramps, coughing, wheezing, throat tightness/closing, difficulty swallowing, difficulty breathing, dizziness, fainting, cardiovascular collapse. The most dangerous life threatening symptoms are breathing difficulties or a drop in blood pressure, which can be potentially fatal.

How can Anaphylaxis be prevented?

If the school is advised that a student has been medically diagnosed as anaphylactic to nuts, or other anaphylaxis allergen risk, he/she will be identified to staff and an IHP will be developed. Key staff will be trained in the use of an EpiPen and of the importance in recognizing a potential anaphylactic reaction.

The parents/guardians should provide adrenalin (in the form of a self-administering EpiPen) to be kept in the nurse's office. The responsibility of providing an EpiPen is that of the parents/guardians of the child concerned. It is also their responsibility to ensure the medication is within the prescribed use-by period, and expired medication is replaced. Medication not picked up at the end of the school term will be disposed of without notice to the parents/guardians of the child concerned.

Changes in the medical condition as well as changes in treatment should be forward to the nurse's office in written.

IHP's are for the current school term and must be renewed yearly.