

Asthma Action Plan AIS-R

Name student: _____ Grade: _____
has been diagnosed with asthma.

Please mark signs and symptoms the student experiences while having asthma:

- | | |
|---|---|
| <input type="checkbox"/> chest tightness | <input type="checkbox"/> persistent coughing |
| <input type="checkbox"/> clearing throat | <input type="checkbox"/> difficult breathing, difficulty talking |
| <input type="checkbox"/> audible wheezing | <input type="checkbox"/> decreased breath sounds and wheezing by auscultation |
| <input type="checkbox"/> flaring nostrils | <input type="checkbox"/> chest retractions |
| <input type="checkbox"/> anxiety, apprehension, panic | <input type="checkbox"/> ashen color, circum-oral cyanosis |

Name of medication to be taken **at home** to **prevent/control** asthma:

Name of medication	Dose	Time to be taken

Name of medication to be taken **at school** to **prevent/control** asthma:

Name of medication	Dose	Time to be taken

Name of medication to be administered **at school if experiencing asthma**:

Name of medication	Dose	

Name of medication to be administered **at school with a nebulizer if experiencing asthma**:

Name of medication	Dose	

Students in middle and high school, who need daily medication to control their asthma are allowed to carry their inhaler with them. The inhaler should be clearly marked with the name and grade of the student. Misuse of the inhaler will result in confiscation of the inhaler and will stay in the nurse's office.

Is your child carrying an inhaler with him/her? ☐ Yes ☐ No

Name of medication: _____

Did your child demonstrate to you how to proper use his/her inhaler and at what times? ☐ Yes ☐ No

In case of a severe emergency, student will be transported to the nearest hospital.

The parents/guardians should provide an extra inhaler to be kept in the nurse's office. The responsibility of providing medication is that of the parents/guardians of the student concerned.

Signature Parent/Guardian

Date

Mobile Father: _____

Mobile Mother: _____